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Go Girls Enable **Girls To Have A Positive Self-Image**

Big Brothers Big Sisters Go Girls! Healthy Bodies, Healthy Minds is a mentoring program that encourages physical activity, healthy eating choices and the development of a positive self-image among girls Grades 6-8.

Go Girls! combines fun games and activities to stimulate relationshipbuilding as well as self-reflection and group discussions about healthy living and emotional, social and cultural issues.





Babysitter's Training

Babysitter's Training is a great opportunity for any youth (ages 12+) to gain some knowledge and understanding about the responsibilities of babysitting! Our next course will be held Saturday, April 24 at the Boys & Girls Club. Register at www.BGCMiramichi.com



In School Mentoring

Anne Springer and June Roy both have School Matches that are in their 8th year. Connection and Conversation - making a difference!



Mme. Baisley's Grade 4 French Immersion class celebrates their SNAP journey!

SNAP – Stop Now and Plan

SNAP is a simple technique that causes children to stop and think before they act and make better choices "in the moment". This 13-week program is delivered in the classroom by Boys & Girls Club Staff. **SNAP** concepts are taught through discussion, role play, activities and relaxation techniques. Schools agree that **SNAP** changes behaviours!



March Break Camps

March 1 - 5 we're offering NO Fee Day Camps for Grades K-5. Camps run from 10am – 2pm each day



Hiring Summer Students

We are hiring Summer Students to work with Kids.
Priority to Post Secondary Students
Now accepting Resumes; send email to **contact@bgcmiramichi.com**



